



STUDENT WORKBOOK

AI for Government Exam Prep

5 days, 2 hours a day · Online across India, in person from Jaipur



AI Coaching India

This workbook belongs to _____

Batch code: _____

AI for Government Exam Prep: Your Workbook

Dear learner,

Preparation is lonely work, and this workbook exists so the loneliness stops costing you marks. It holds every prompt from our five days, space for your own answers, and the verification habits that keep wrong dates and fake news out of your notes. Use it in class to follow along, and at your study table every day after, because these prompts are built for the long months between attempts. Do not protect it. Write in it, fold it, spill chai on it. And keep the course's foundation in front of you always: AI is your revision partner, not your syllabus. Your standard books, PYQs, and test series stay at the centre. Everything here serves them.

With warmth,

Team AI Coaching India

Before day one

- Install the ChatGPT app (free) or bookmark chatgpt.com
- Install the Google Gemini app (free) or bookmark gemini.google.com
- Bookmark notebooklm.google.com and perplexity.ai; free accounts are enough, we set up together in class
- Bring the books and notes you actually study from: an NCERT, coaching notes, your own registers, whatever is real
- Know your target exam and attempt year; the whole course runs on your actual preparation
- A laptop helps but a phone is genuinely enough for this course; do not buy or borrow anything
- One reassurance: if you can use WhatsApp, you can do everything here. No English fluency needed, no tech background, no paid tools.

Day 1: Your first 30 minutes with AI

What today was really about

Within 30 minutes today, AI was explaining topics from your own syllabus at revision level, and then came the real lesson: you watched it state a wrong date with total confidence, and you caught it. That catch is the most important skill of the five days. AI will save you hours every week, and it will also confidently hand you errors that could cost marks. The verify habit you started today, checking against your standard book and official sources, is what makes the whole partnership safe.

Prompts we used

1. I am preparing for _____ (your exam). Explain _____ at revision level, not beginner level. Assume I have read the chapter once.
2. Give me the 10 most important points on _____ for _____ exam, in the order an examiner would care about them.

3. Explain the difference between _____ and _____ the way a topper's notes would put it.
4. Make a one-page revision sheet on _____. I will check every line against my standard book, so keep claims precise.
5. When exactly did _____ happen, and what else happened that year? I will verify the dates against official sources.
6. Yeh topic mujhe baar baar bhool jata hai: _____. Isko yaad rakhne ka koi simple structure ya trick batao.

Now you try

1. Run prompt 4 on the chapter you are revising this week. How many lines needed correction against your book? _____
2. Ask AI three factual questions you already know cold. Did it get all three right? Note any slip: _____
3. Write your personal verify rule: which kinds of AI answers you will always check before writing them in your notes: _____

Watch out

WATCH OUT

AI gets dates, scheme names, and numbers wrong, especially for recent events, and it never sounds unsure. Nothing enters your notes until it matches your standard book or an official source. And never share your roll number, application details, documents, or any personal information in an AI chat. It needs your syllabus, not your identity.

My notes

Day 2: Revision sheets from your own notes

What today was really about

Your notes and NCERTs became raw material today. You loaded them into NotebookLM and turned chapters into one-page revision sheets, long answers into memory-friendly lists, and PYQ patterns into topic-wise question banks. The key discovery: AI summaries miss things, which is why you learned the two-minute completeness check, comparing the sheet against the chapter's headings before trusting it. Made by AI, corrected by you: that is the only kind of revision sheet worth keeping.

Prompts we used

1. I have uploaded my notes on _____. Summarise this chapter into one page, keeping everything an exam could ask, especially terms, dates, and definitions.
2. Turn this long answer into a short structure I can memorise: _____
3. Here are the kinds of questions _____ exam has asked on this topic: _____ (paste 3 or 4 PYQs). Generate 10 practice questions in the same pattern.
4. Compare your summary against the chapter headings I am pasting now: _____. What did you leave out?
5. Convert these scattered points into a table-style list I can revise in two minutes: _____
6. In notes ka ek quick revision structure banao, jo main exam se pehle wali raat ko 10 minute mein padh sakoon.

Now you try

1. Build a NotebookLM notebook for one full subject section this week. Which chapter did you start with? _____
2. Run the completeness check on one AI summary. What had it missed? _____
3. Make a 10-question bank from PYQs for your weakest topic. Which question surprised you? _____

Watch out

WATCH OUT

A revision sheet that silently misses one subtopic can cost you a whole question in the exam. Always run the completeness check: compare the AI summary against the chapter's own headings and your book's index. The two minutes it takes is the cheapest insurance in your preparation.

My notes

Day 3: Current affairs, verified

What today was really about

Current affairs is where AI is weakest and rumours are loudest, so today was the most important day of the course. You built a weekly digest with AI, then verified every single fact against PIB, RBI, and the official portals before it entered your notes. You saw why AI fails here: its training data is old, and it invents specifics to fill gaps. You also learned to read Perplexity's citations instead of its summary, and to spot the fake news about exam dates, vacancies, and cutoffs that floods WhatsApp every season.

Prompts we used

1. Draft a current affairs digest on _____ (theme: economy, polity, schemes) for this week. Mark every specific fact, date, and number clearly, because I will verify each one against PIB and official portals before using it.
2. What should I know about the scheme _____ for _____ exam? I will confirm the details on the ministry's official website.
3. Explain this news development in exam-relevant terms: _____. Separate what is fact from what is your interpretation.
4. Give me sourced answers only: what happened this week in _____? (Use Perplexity, then open and read the citations, not just the summary.)
5. Yeh WhatsApp message mere exam ki vacancy ke baare mein aaya hai: _____. Isme kya check karna chahiye pehle, aur kahan?

Now you try

1. Verify three facts from today's digest on PIB or the relevant ministry portal. How many checked out fully? _____
2. Take one Perplexity answer and read its citations. Did the sources actually say what the summary said? _____
3. Recall one exam rumour you have seen on WhatsApp. Where would you have verified it officially? _____

Watch out

WATCH OUT

Exam dates, vacancies, and cutoffs come from exactly one place: the official notification on the conducting body's website. Not AI, not WhatsApp forwards, not YouTube thumbnails, not coaching Telegram groups. AI is useful for understanding the news, never for confirming it. Every fact in your current affairs notes should have a source you actually opened: PIB, RBI, the ministry, or the official portal.

My notes

Day 4: Answer writing and essays

What today was really about

Nobody checks a solo aspirant's answers, so most aspirants stop writing them. Today you restarted. You wrote a mains-style answer by hand, got AI feedback on its structure, introduction, body, conclusion, and word discipline, then rewrote it twice and watched it improve version by version. You

also brainstormed an essay with AI supplying arguments and counterpoints that you verified and made your own. The honest boundary stayed clear all day: AI feedback is practice between test series, not a replacement for a mentor or proper evaluation.

Prompts we used

1. Here is a _____ exam mains question and my handwritten answer, typed out: _____ / _____. Evaluate the structure: introduction, body, conclusion, and whether I actually answered what was asked. Do not rewrite it for me.
2. Was my answer within the demand of the question, or did I drift? Point to the exact lines that drifted.
3. Give me feedback on the same answer as if you were a strict evaluator awarding marks out of _____. Justify the number, then tell me the two highest-impact improvements.
4. I am brainstorming an essay on _____. Give me arguments for, arguments against, and 3 examples for each side. I will verify the examples before using them.
5. Compare my version 1 and version 3 of this answer: _____ / _____. What actually improved, and what still needs work?

Now you try

1. Write one full answer by hand today, run prompts 1 to 3, and rewrite it. Paste version 1 and version 3 in your register and compare: _____
2. Pick an essay topic from a past paper and build your outline with prompt 4. Which counterpoint had you not considered? _____
3. Verify two examples AI gave you for the essay. Were both real and accurately described?

Watch out

WATCH OUT

AI judges structure well and content shallowly. It can tell you your introduction rambles; it cannot reliably tell you your Polity point is outdated or your example is invented, and it sometimes praises confident nonsense. Verify every fact and example it suggests, and treat a mentor, a topper's copies, or a test series as the real evaluation. AI is the daily gym, not the match.

My notes

Day 5: Timetables and mock interviews

What today was really about

The course ends today, but the system you built is designed for the months ahead. You made a revision timetable around your real life, your job, your family duties, your actual energy levels, with spaced revision built in so topics return before they fade. Then you practised interviews aloud, with AI asking profile-based questions and you improving between rounds. You leave with the weekly loop that keeps everything alive: revise, verify, write, review. No batch, no coaching, no company needed to run it.

Prompts we used

1. Build me a weekly revision timetable. My constraints: _____ (job hours, family time, sleep, travel). My exam is _____ on roughly _____. Include daily current affairs, answer writing, and one rest slot. Be realistic, not heroic.
2. Plan spaced revision for these topics I finished this month: _____. Tell me when each should come back in the next 6 weeks.
3. Act as an interview board for _____ exam. My background: _____ (education, home state, hobbies, work). Ask me one question at a time, mixing profile questions and opinion questions. After each answer, give brief feedback.
4. Ask me a balanced-opinion question on _____, and after my answer, show me what a more balanced version would include.
5. Meri timetable hamesha fail ho jaati hai. Ek backup plan banao: agar koi din miss ho jaye toh kaise recover karoon bina poori hafta kharab kiye?

Now you try

1. Run your timetable for one real week, then come back and adjust it with AI. What did you change?

2. Record one mock interview round on your phone and listen back. What surprised you about your answers? _____
3. Write your weekly loop in your own words and pin it above your desk: _____

Watch out

WATCH OUT

On opinion questions, AI's suggestions can turn generic and safe to the point of saying nothing. Use it to check your balance, not to borrow opinions; boards and evaluators can smell a manufactured stance. And remember the standing rule as you continue alone: any date, scheme, or number AI gives you in the months ahead gets verified against PIB or the official portal, exactly as we practised. The habit only works if it never takes a day off.

My notes

Your complete prompt library

Day 1: first steps and verification

1. Explain _____ at revision level for _____ exam. Assume I have read the chapter once.
2. The 10 most important points on _____, in the order an examiner would care.
3. Explain the difference between _____ and _____ like a topper's notes.
4. One-page revision sheet on _____. Keep claims precise; I will verify every line.
5. When did _____ happen and what else happened that year? I will verify the dates.

Day 2: revision sheets and question banks

6. Summarise my uploaded notes on _____ into one page, keeping terms, dates, and definitions.
7. Turn this long answer into a memorisable structure: _____
8. Generate 10 practice questions matching these PYQ patterns: _____
9. Compare your summary against these chapter headings. What did you miss: _____
0. Convert these points into a two-minute revision list: _____

Day 3: current affairs, verified

1. Draft a weekly current affairs digest on _____, marking every fact for my verification against PIB and official portals.
2. What should I know about scheme _____? I will confirm on the ministry website.
3. Explain this development in exam terms, separating fact from interpretation: _____
4. Sourced answers only: what happened this week in _____? (Perplexity, then read the citations.)

Day 4: answers and essays

5. Evaluate my answer's structure: intro, body, conclusion, and question demand. Do not rewrite it: _____
6. Point to the exact lines where my answer drifted from the question.
7. Score my answer like a strict evaluator and give the two highest-impact improvements.
8. Essay brainstorm on _____: arguments for, against, and 3 examples each side. I will verify the examples.
9. Compare version 1 and version 3 of my answer. What improved: _____

Day 5: timetables and interviews

0. Build a realistic weekly timetable around these constraints: _____
1. Plan spaced revision for these finished topics over 6 weeks: _____

12. Act as an interview board for _____ exam with my background: _____. One question at a time.
 13. Ask a balanced-opinion question on _____ and show me what better balance looks like.
 14. Build a recovery plan for missed timetable days.
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Your safety card

- Never share in any AI chat: your roll number, registration or application details, uploaded documents, Aadhaar, or anyone's personal information.
 - Exam dates, vacancies, and cutoffs come only from the official notification on the conducting body's website. Verify there before you believe, forward, or plan around anything.
 - Every fact, date, and scheme detail gets checked against PIB, RBI, the ministry site, or the official portal before entering your notes. No exceptions, even when AI sounds certain.
 - Beware paid "leaked papers", "guaranteed selection" offers, and fee-charging "official" helpers. All fraud. If money is taken from you, call the cybercrime helpline 1930 and report at the national cybercrime portal.
 - Everything in this course runs on free plans. Your money belongs in books and test series, not AI subscriptions.
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Keep going: your 30-day plan

- Week 1: run your timetable honestly, build revision sheets for the chapters you finish, and verify every sheet against the book.
 - Week 2: add the daily 30-minute current affairs routine: draft with AI, verify against PIB and official portals, then file.
 - Week 3: write three answers this week using the feedback loop: write by hand, get structure feedback, rewrite once.
 - Week 4: one full mock interview round aloud, one timetable adjustment based on what four real weeks taught you.
 - Every week, forever: the loop. Revise, verify, write, review. AI keeps you company; the syllabus stays the boss.
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Plain-words glossary

- **AI chatbot:** a program that answers in confident, fluent language by predicting words, without actually knowing current facts.
- **Prompt:** the instruction you type to an AI. Specific prompts get exam-useful answers.
- **Hallucination:** AI stating false things confidently: wrong dates, invented scheme details, fake examples.

- **Verification:** checking AI's claims against your standard book or an official source before trusting them.
- **PIB:** the Press Information Bureau, the government's official press outlet and your first stop for verifying schemes and announcements.
- **Official portal:** the conducting body's or ministry's own website, the only valid source for dates, vacancies, and cutoffs.
- **Training cutoff:** the date after which an AI knows nothing, the core reason it fails at current affairs.
- **NotebookLM:** a free Google tool that answers questions using only the notes and documents you upload.
- **Perplexity:** an AI search tool that shows its sources, useful only if you actually open them.
- **PYQ:** previous year questions, the truest guide to what an exam actually asks.
- **Mains answer:** a written descriptive answer judged on structure, content, and staying within the question's demand.
- **Spaced revision:** revisiting topics at planned intervals so they return to memory before they fade.
- **Digest:** a short compilation of the week's exam-relevant news, every fact verified and sourced.
- **Test series:** timed practice exams with evaluation, the real measure of your preparation. AI supplements it, never replaces it.